



More About Forgiven & Set Free

- 10 week study
- No cost; materials provided for you
- Confidential, comfortable setting
- Biblically based program

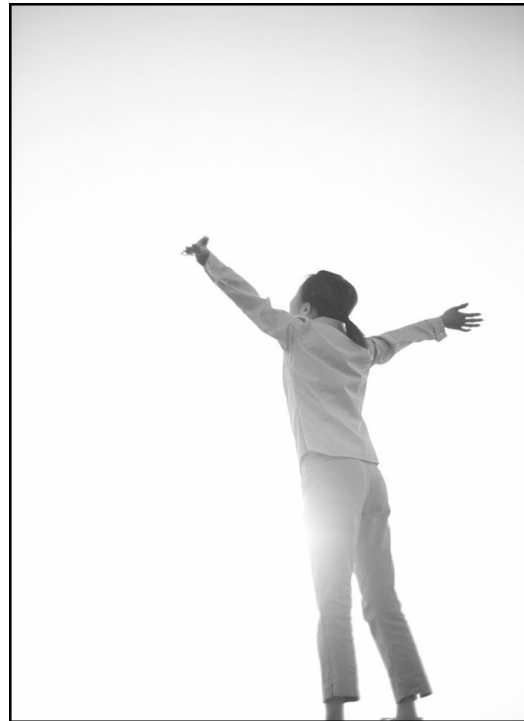


Help for those suffering
from Post Abortion
Trauma

*We are your sister, wife,
daughter, granddaughter, niece
and friends—*

We are everywhere.

*If you know someone who has
experienced pain through
abortion, please give this
information to them &
encourage them to attend
Forgiven & Set Free, where they
can find hope and
healing through the
mercy of God.*



Forgiven and Set Free

Post Abortion Healing

Summit Life Outreach Center

1622 Pine Ave. Niagara Falls, NY 14301

298-8600

www.summitlifecenter.com



*Forgiven and
Set Free*

*What a wonderful God we have. He is the Father of
our Lord Jesus Christ, the source of every mercy, and the
one who wonderfully comforts and strengthens us in our
hardships and trials.*

~ 2 Corinthians 1:3-3



Can you relate to any of the following:

- ~Guilt/Shame
- ~Depression/Despair
- ~Frequent Crying
- ~Anger/Rage
- ~Increased promiscuity
- ~Intense desire to become pregnant again
- ~Self hatred
- ~Suicidal urges
- ~Drug/Alcohol abuse
- ~Difficulty bonding to your children

If you can relate to any of these symptoms, you may be suffering from post abortion trauma.

We must give to the brokenhearted more than our words...

“Most people assume you get over an abortion in a few days. It didn’t happen that way for me. I was told to, ‘just get over it’, to ‘move on with my life’. But the guilt, grief & shame I felt didn’t allow me to get over it and move on. When I made the commitment to myself to heal in the *Forgiven & Set Free* bible study, I realized the endless forgiveness and mercy God has for me. I am truly set free!! ~Renee

Abortion touches millions of women often leaving them to suffer silently emotionally and spiritually. These repressed feelings can surface without warning at any time...and when they do, it can be confusing, painful and overwhelming.

Forgiven and Set Free is a bible study ministry designed to heal the feelings of guilt and shame which remain for many women after the abortion. Are you fearful of what your family and friends would say if they knew? Have you been told to “get over it”, but are unable to let go of the painful feelings and memories from your abortion experience? Perhaps others have supported your decision but you are unable to forgive yourself. You may already know God has forgiven you—but maybe you struggle with accepting His forgiveness.

Whatever your situation may be, we are here to help you. Together we will face the anger, sadness, and isolation. Our program is confidential, compassionate & non-judgmental. In a group setting our peer counselors will help you and other women understand the feelings of pain & grief associated with abortion and help rebuild your self-respect through the Word of God.

Join us to gain control of your situation, find comfort in other’s shared experiences, and become fully aware of the mercy God has for you.



...We must give them our hearts.